



We wanted to highlight some valuable educational content developed by The Melbourne Vaccine Education Centre (MVEC) that we felt would be beneficial for Staff Health Coordinators.

1. Handling needle phobia
2. Managing vaccine hesitancy
3. Correct vaccination technique

Please see the next page for further information and links.

1. Handling needle phobia

Many people may find the experience of having a needle an unpleasant one. However, for some people, the experience is much more difficult, presenting as a real phobia characterised by both severe and persistent anxiety and fear. The MVEC highlights a number of distraction and administration techniques.

<https://mvec.mcri.edu.au/references/needle-phobia/>



2. Managing vaccine hesitancy

Research suggests that information alone is not enough to address people's concerns about immunisation, even when it comes from recommended sources. That is because vaccine conversations matter, and how we discuss vaccines is often just as important as what information is shared.

<https://mvec.mcri.edu.au/references/vaccine-confidence/>



3. Correct vaccination technique

Correct injection technique is of paramount importance when administering vaccines to ensure optimal immune response, minimise side effects and to reduce the risk of injury to the patient.

<https://mvec.mcri.edu.au/references/administration-of-injected-vaccines-correct-technique/>

